

# YouthWorks Train the Trainer:

## Part I: Developing Positive Self-Identities

**Hosted by:**  
**Commonwealth Corporation**

Commonwealth Corporation strengthens the skills of Massachusetts youth and adults by investing in innovative partnerships with industry, education and workforce organizations. We seek to meet the immediate and emerging needs of businesses and workers so they can thrive in our dynamic economy.

**COMMONWEALTH  
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Building skills for a strong economy.

### Event Details

A positive self identity is a foundation for building work-readiness skills. Many young people haven't had the opportunity to explore how work opportunities can shape identity and become transformational experiences



Benefit from the resources, strategies and the expertise of your colleagues as we tackle developing effective workshops on positive self-identity topics such as self-knowledge, self-worth and the connection between knowledge of self and career aspirations.

Whether your organization is planning to conduct an hour or eight hours of trainings on Self-Identity, this workshop will help you prepare to execute highly-effective trainings aligned with Positive Youth Development approaches.

#### In this training, you will:

- Get ideas and resources on how to lead trainings to help youth develop positive self-identity
- See effective and engaging activities modeled
- Practice your own facilitation skills in small groups
- Participate in a highly-interactive and collaborative workshop
- Leave the training with a working agenda and the basic materials to conduct workshops that meet the needs of your youth program participants

**Lunch will be served!**